

Training

Safeline provides high-level, specialist training to professionals working with vulnerable children, young people and adults on themes such as self-harm, addictions, understanding and working with survivors of abuse, attachment and adjustment issues and development. In schools we provide workshops, training, assemblies and parental awareness events. Contact Safeline to discuss your learning needs.

Support Safeline

We need your help to prevent sexual abuse and support survivors.

Your help will change lives for the better

To fundraise for Safeline please email fundraising@safeline.org.uk or phone the office number.

To make a donation please:

- Visit www.justgiving.com/safeline-warwickltd.
- Post us a cheque payable to 'Safeline'
- Set up a monthly Standing Order donation via your online banking by using sort code 08-92-99 and account number 65500875.
- Text SAFELINE to 70490 to donate £10

Thank you for supporting Safeline.

Contact Us

If you need help please get in touch:

Call our office **01926 402 498**
or email office@safeline.org.uk

Call our Warwickshire helpline **0808 800 5008**

Call our National Male Survivor Helpline **0808 800 5005**

Text our National Male Survivor Text Service on
07860 065 187

Talk with our National Male Survivor Live Chat Service via
our website

Email our National Male Survivor Email
Service at support@safeline.org.uk

Visit the Safeline website at
safeline.org.uk and the Safeline
Young People's website (SLYP) for
helpful information and support.



**Sexual Abuse & Rape
Preventing | Supporting | Surviving**

Our Services



www.safeline.org.uk



www.slyp.org.uk

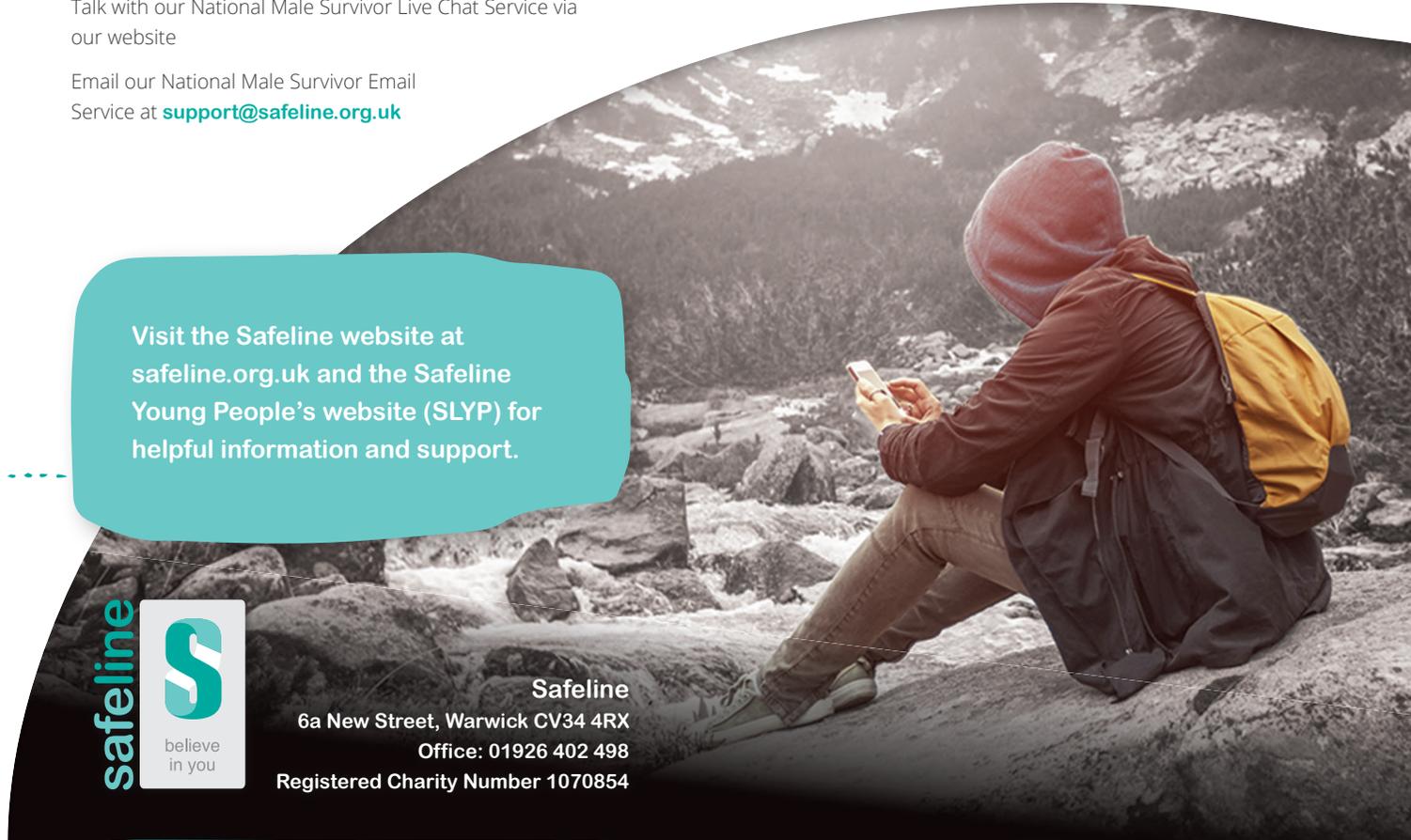


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Registered Charity Number 1070854

www.safeline.org.uk

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About Safeline

Safeline is a charitable organisation, established in 1994 in response to a need by people affected by sexual abuse and rape. We recognise that people are unique and so are their needs and we provide a range of support and prevention services to men, women, children and young people, members of the LGBTQ community and family and friends who have been affected by sexual abuse or rape at any time in their lives.



Safeline Services

Counselling, Psychotherapy and Arts Therapies

- **Face to Face** confidential specialist counselling and psychotherapy provide a safe, non-judgmental space to explore and work through issues that have arisen from your experiences, with a trained professional.
- **Art Therapy** is a mixture of talking and art making as another means of expressing thoughts and feelings. You don't have to be good at art, a qualified Art Therapist will guide you through the process.
- **Dramatherapy** is an active experiential approach to facilitating change and uses methods such as storytelling, role-playing and improvisation as a means of expression. A qualified Dramatherapist will help you find the best method.
- **Telephone and Online Counselling** is provided by professional, qualified counsellors to adults living in England and Wales. This form of counselling may be preferred by those experiencing social anxiety, mobility difficulties, work or family commitments, or those who find it difficult speaking face to face. Contact us to see if this service is available to you.

Helpline and Online Services

- **Warwickshire Helpline.** Safeline has a local Helpline for adults and children living in Warwickshire that provides a safe and confidential space to talk. Trained staff provide emotional support, advice and information.
- **National Male Survivor Helpline and Online Services.** Safeline has a dedicated service for adults and children living in England and Wales who identify as male. This service provides emotional support, advice and information via our male helpline, text, live chat and email services. We can help signpost you to services in your area.

Please see our website for opening hours.

Support Groups

Therapeutic support groups facilitated by two experienced therapists are a great way to help people share the way they feel with others who have experienced similar issues. Groups run at various times throughout the year subject to demand.

Groups include Talking Groups, Writing Groups and Arts Therapy Groups and are available for men, women or young people. Ask to join a group and we will contact you when the next group of your choice becomes available.

ISVA (Independent Sexual Violence Advisors) Support

The ISVA service is for those who are considering reporting abuse to the police and can help you decide whether this is the right course of action for you without pressure. ISVAs will offer emotional, practical and factual support in navigating through the legal process and beyond including liaising with the police and other professionals on your behalf.

Young People's Prevention and Education Programmes

Working closely with schools, early Intervention programmes are for vulnerable young people at risk of sexual exploitation who may have been excluded from school or who are just struggling emotionally. Groups will participate in activities including art and drama, tennis and music and education on subjects such as drugs and alcohol, internet safety and 'sexting', healthy relationships, bullying and gang culture. Young people can also access individual tailored support and mentoring. Self-referrals or referrals from schools and other agencies are welcomed.

