You may wish to access Safeline's other services. These include:

- Telephone/online counselling
- Face to face counselling
- Support groups
- Art therapy
- Prevention & Early Intervention services for young people
- Schools support and projects
- Clients & professionals training/workshops
- Male helpline

Safeline is a member of the British Association for Counselling and Psychotherapy (BACP) and abides by their code of ethics and practice such as working in a confidential and non-judgemental way. All counsellors undertake Safeline's comprehensive training and are CRB/DBS security-checked

Contact Us

If you need help please get in touch:

Call our office **01926 402 498**

or email ISVA@safeline.org.uk

Download the **Safeline Referral App** by scanning the QR code below to refer to the service in seconds:



Sexual Abuse & Rape
Preventing | Supporting | Surviving

Independent Sexual Violence Advocates (ISVAs) and Children's Independent Sexual Violence Advocates (ChISVAs)



Website



www.safeline.org.uk



How can we help?

Our ISVAs (Independent Sexual Violence Advocates) and ChISVAs (Children's Independent Sexual Violence Advocates) are here to provide emotional and practical support to anyone who has experienced sexual violence at any time in their lives whether they choose to report it or not. They can also support the families of those affected.

For those who are considering reporting to the police or have already done so, ISVAs and ChISVAs are professionally trained to support people throughout the criminal justice process. Support is offered to all genders, cultures, faiths, and abilities ages 3+.

ISVAs are Independent

Safeline's advocacy team are highly trained and victim-focused. They are independent from the police, criminal justice system, and other agencies, although they work in partnership with local agencies to support you. Together with your Advocate, you can explore all your options and make an informed decision that is right for you. Everyone responds differently. Your Advocate can be there to support you to make sense of what has happened and to help you find a way through. They are approachable, empathic, and will listen to you without judgement.



For many people who have had crimes perpetrated against them, they are unsure about where to turn and can feel overwhelmed. They may feel that they ought to talk to the police about what has happened to them but this can be hard. For example, sometimes the person that hurt them is a family member; sometimes a person thinks that they will be blamed or judged. Talking to an Advocate is a way of talking through different options, knowing that whatever action they choose, it will be their decision without any coercion and that there will be ongoing support from Safeline.

You won't have to wait

Safeline's Advocacy team will make contact within 48 business hours of receiving a referral.

Safeline ISVAs/CHISVAs:

- Provide emotional and practical support and guidance they will be in touch with you regularly to support you and make sure you get access to the other services you need at Safeline and beyond.
- Give you support if you want to report rape or sexual abuse to the police – they can attend the police station with you or you can meet the police at the Safeline office.
- If you are unsure about making a formal report, they can make an informal anonymous report on your behalf
- Provide information and support throughout the criminal justice process – they can keep you up to date with information about your case and can be by your side during court hearings
- Act as an advocate for you they can talk to an employer or teacher or support you with housing and benefits and other issues
- They can support family members affected and those involved in your care



I never imagined there was someone who could support me from the moment I reported what happened until after the trial ended. She kept me going through counselling and understood me differently. She stayed with me every step of the way.

If you would like to find out more about Safeline's ISVA and ChISVA services confidentially, contact 01926 402 498 or email ISVA@safeline.org.uk







