PRIVATE AND CONFIDENTIAL



SELF REFERRAL FORM

TELEPHONE AND ONLINE COUNSELLING

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| FIRST NAME | LAST NAME | | DATE OF BIRTH | | TODAYS DATE |
| ADDRESS | | | | Is it ok to contact you by post? **Yes/No** | |
| EMAIL *(This is Safeline’s preferred method)* | | | | Is it ok to contact you by email? **Yes/No** | |
| PHONE NUMBER *(Safeline does not send text messages)* | | | | Is it ok to phone this number? **Yes/No**  Is it ok to leave a message? **Yes/No** | |
| Do you have any communication needs we should take into account? *(e.g. sight and/or hearing difficulties)* | | | | What is your preferred method of contact? *(Delete as appropriate)*  **EMAIL / TELEPHONE / POST** | |
| Where did you hear about Safeline? | | COMPLETED BY (NAME) | | Have you previously had counselling with Safeline? **Yes/No** | |
| ***\*This service is for people aged 16+ who are survivors of childhood sexual abuse, and for family members, carers and friends who are supporting them. Clients must be resident in England and Wales to access this service.***  Please indicate which of the following are relevant to you:  I am a survivor of childhood sexual abuse **Yes/No**  I am a supporter of someone who has experienced childhood sexual abuse **Yes/No** | | | | | |
| Do you currently have any other agencies or services involved in your care? | | |  | | |
| Assessments for counselling are available Mon – Fri 9am to 4pm. Please state the days and times you would be available for a telephone assessment: | | | | | |
| PREFERRED GENDER OF COUNSELLOR | | | PREFERRED MEDIUM FOR COUNSELLING  **PHONE / VIDEO / INSTANT MESSAGING / EMAIL** | | |
| *ADDITIONAL INFORMATION FOR FUNDING PURPOSES – if you prefer not to say please leave blank:* | | | | | |
| *GENDER IDENTITY:* | | *SEXUAL IDENTITY:* | | *ETHNICITY:* | |

*By submitting this form, you are giving consent to Safeline to store and process your personal information in the line with the General Data Protection Regulation (GDPR) 2018.*

PLEASE RETURN TO [onlinecounselling@safeline.org.uk](mailto:onlinecounselling@safeline.org.uk) or via post to Safeline, 6A New Street, Warwick, CV34 4RX